

Spiring af frø

Forskellige frø kræver forskellig forbehandling for at få den optimale spiring. Nogle frø er mere vanskelige end andre, og andre igen er decideret svære. Hvis du har prøvet at så frø som ikke er kommet op er det ikke nødvendigvis frøene's skyld. Listen her er en guide til hvordan man kan/skal behandle forskellige typer af frø.



Frø som behøver lys for at spire:

Achillea - Yarrow
Ageratum Houstonianum - Floss Flower
Agrostis nebulosa - Cloud Grass
Allyssum montanum - Basket of Gold
Anethum graveolens - Dill
Antirrhinum majus - Snapdragon
Arabis - Rock Cress, Wall Cress
Aguillegia - Columbine
Begonia - Begonia
Brassica Oleracea Acephala - Flowering cabbage
Caiceolaria crenatiflora - Pocketbook Plant
Campanula - Bellflower
Capsicum annuum - Ornamental Pepper
Chrysanthemum Parthenium - Matricaria, Feverfew
Chrysanthemum X superbum - Shasta Daisy
Coffea arabica - Arabian Coffee Plant
Coleus X hybridus - Coleus
Coreopsis grandiflora - Tickseed
Cortaderia Selloana - Pampas Grass
Crossandra infundibuliformis - Crossandra
Cuphea ignea - Cigar Flower
Daucus Carota - Queen Anne's Lace
Dizygotheca elegantissima - False Aralia
Dombeya Burgessiae - Dombeya
Doronicum cordatum - Leopard's Bane
Exacum affine - German Violet, Persian Violet
Ficus - Fig
Fuchsia X hybrida - Fuschia
Gaillardia X grandiflora - Blanket Flower
Gerbera Jamesonii Hybrids - Transvaal Daisy
Gloxinia gymnostoma - Gloxinia
Grevillea robusta - Silk Oak

Helichrysum bracteatum - strawflower
 Hesperis matronalis - Sweet Rocket
 Impatiens Wallerana - Impatiens, Patient Plant
 Justicia aurea - Kings Crown
 Kalanchoe Blossfeldiana- Kalanchoe
 Lactuca Sativa- Lettuce
 Lagerstroemia indica - Crape Myrtlettes
 Leontopodium - Edelweiss
 Lobularia maritima - Sweet Alyssum
 Lychnis chalconica - Maltese Cross, Rose Champion
 Matthiola - Stock
 Molucella laevis - Bells of Ireland
 Nicotiana glauca - Flowering Tobacco
 Papaver orientale - Oriental Poppy
 Perilla frutescens - Beefsteak Plant
 Petunia X Hybrida - Petunia
 Physalis Alkekengi - Chinese Lantern
 Platycodon grandiflorus - Balloon Flower
 Primula (except Psinesis) - Primrose
 Punica Granatum 'Nana' - Pomegranate
 Reseda odorata - Mignonette
 Saintpaulia ionantha - African Violet
 Sanvitalia procumbens - Creeping Zinnia
 Satureja - Savory
 Sinningia - Sinningia
 Smithiantha zebrina - Naegelia, Temple Bells
 Solanum Pseudocapsicum - Jerusalem Cherry, Christmas Cherry
 Streptocarpus - Cape Primrose
 Salvia - Salvia (red flowered varieties)
 Tithonia rotundifolia - Mexican Sunflower
 Venidium fastuosum - Monarch of the Veldt, Cape Daisy



Frø som skal spire i mørke

Asparagus asparagoides - Smilax
 Borago officinalis - Borage
 Calendula officinalis - Pot Marigold
 Catharanthus roseus - Periwinkle
 Centaurea Cyanus - Bachelor's Button
 Consolida ambigua - Larkspur
 Coriandrum Sativum - Coriander
 Cyclamen - Cyclamen
 Cynoglossum amabile - Chinese forget me not
 Delphinium - Delphinium
 Foeniculum - Fennel

Gazania rigens - Treasure Flower
 Lathyrus odoratus - Sweet Pea
 Lonas annua - Golden Ageratum
 Mesembryanthemum Chrystallinum - Ice Plant
 Mimosa Pudica - Sensitive Plant
 Mysosotis - Forget me not
 Nemesia stumosa - Pouch Nemesia
 Nertera granadensis - Bead Plant
 Papaver - (except Oriental) - Poppy
 Phlox - Phlox
 Primula sinuata - Painted Toungue
 Saponaria Ocymoides - Soapwort
 Schizanthus X wisetonensis - Butterfly Flower, Poor Man's Orchid
 Trachymene coerulea - Blue Lace Flower
 Trifolium procumbens - Shamrock
 Tropaeolum majus - Nasturtium
 Verbena - Vervain
 Viola - Viola, violet, Pansey



Frø som skal lægges i blød i lunkent vand ca 24 timer før spiring

Abeknisegys escykebtys - Okra
 Albizia distachya - Plume Acacia, Plume Albizia
 Asparagus - Asparagus, Asparagus Fern, Smilax
 Caesalpina Gilliesii - Poinciana
 Camellia Sasanqua - Sasanqua Camellia
 Camellia sinensis - Tea Plant
 Canna X generalis - Canna
 Cercis canadensis - Redbud
 Chamaedora elegans - Bella Parlor Palm, Neanta Bella
 Clitoria Ternata - Butterfly Pea
 Coffea arabica - Arabian Coffee Plant
 Coix Lacryma-Jobi - Job's Tears
 Cucurbita Pepo var. ovifera - Yellow Flowered Gourds
 Cytisus scoparius - Scotch Broom
 Ensete ventricosum - Banana
 Erythrina crista-galli - Cockspur Coral Tree
 Freesia X Hybrida - Freesia
 Grevillea robusta - Silk Oak
 Hibiscus - Mallow
 Ipomoea - Morning Glory (et al)
 Laburnum anagyroides - Golden Chain
 Lagenaria siceraria - White Flowered Gourds
 Lathyrus latifolius - Perennial Pea
 Lathyrus odoratus - Sweet Pea

Liriope Muscari - Lily Turf
Lupinus - Lupines
Merremia tuberosa - Woodrose
Mina lobata - Flag of Spain
Pastinaca sativa - Parsnips
Petroselinum crispum - Parsley
Pueraria lobata - Kudzu Vine
Sophora japonica 'Pendula' Japanese Pagoda Tree
Strelitzia reginae - Bird of Paradise
Thermopsis caroliniana - Caroline Lupine
Wisteria sinesis - Chinese Wisteria



Frø som skalkold stratificeres (Cold Treatment)

Aconitum Carmichaelii and hybrids - Monkshood
Allium species - Flowering Onion
Angelica Archangelica - Angelica
Aguilegia species and hybrids - Columbine
Brassica Oleracea Acerphala - Flowering Cabbage
Calluna vulgaris - Heather
Camellia sinesis - Tea Plant
Campsis radicans - Trumpet Vine, Trumpet Creeper
Cercis canadensis - Redbud
Clematis virginiana - Virgin's Bower
Cornus species - Dogwood
Cupressus sempervirens 'stricata' Pyramidal Italian Cypress
Dicentra Spectabilis - Bleeding Heart
Dictamnus albus - Gas Plant
Dodecatheon Meadia - Shooting Star
Elaeagnus angustifolius - Russian Olive
Franklinia Alatomaha - Franklin Tree
Gentiana species - Gentian
Ginkgo biloba - Madenhair tree
Helleborus niger - Christmas Rose
Hemerocallis hybrids - Daylily
Ilex Aguifolium - English Holly
Iris - Iris
Kalmia latifolia - Mountain Laurel
Lavandula angustifolia - Lavender
Lewisia rediviva- Bitter Root
Lillum (some species) Lily
Lobelia species - Lobelia (perennial) Machaeranthera tanacetifolia - Tahoka Daisy
Magnolia grandiflora - Southern Magnolia
Paeonia suffruticosa - Tree Peony
Phlox paniculata - Phlox (perennial)
picea species - Spruce (most species)

Pinus Mugo - Swidss Mountain Pine
Primula species - Primrose
Rosa species - Rose Taxus baccata - English Yew
Trillium ovatum - Wake Robin
Trollius europaeus - Globeflower
Viburnum opulus - Roseum - Snowball Bush
Viola species - Viola, Violet, Pansy



Frø som kræver Scarification (Slibes/punkteres)

Albizia distachya - Plume albizia, Plume Acacia
Baptisia australis - Blue Wild Indigo, False Indigo
Canna X generalis - Canna
Cassia alata - Candle Bush
Clitoria Ternaa - Butterfly Pea
Coronilla varia - Crown Vetch
Hibiscus - Mallow
Ipomoea - Morning Glory (et al)
Laburnum anagyroides - Golden Chain
Lathyrus - Perennial and Sweet Pea
Lupinus - Lupines
Merremia tuberosa - Woodrose
Mina lobata - Flag of Spain
Pueraria lobata - Kudzu Vine
Sophora japonica 'Pendula' - Japanese Pagoda Tree
Thermopsis caroliniana - Carolina Lupine
Wisteria sinensis - Chinese Wisteria



Frø som spirer ved kolde temperaturer (ca 12° grader C)

Acanthus mollis - Bear's Breech
Agrostis nebulosa - Cloud Grass
Alstroemeria aurantiaca hybrids - Peruvian Lily
Anaphalis margaritacea - Pearly Everlasting
Arenaria montana - Mountain Sandwort
Arnica montana - Mountain Arnica
Aubrieta detoidea - False Rock Cress, Purple Rock Cress
Bergenia cordifolia - Heart Leaf Bergenia
Briza Maxima - Quaking Grass
Chiastophyllum oppositifolium - Silver Crown
Cytisus scoparius - Broom
Dictamnus albus - Gas Plant

Erigeron - Midsummer Aster, Fleabane
Eschsholzia californica - California Poppy
Felicia amelloides - Blue Daisy
Fragaria Vesca - Strawberry
Globularia cordifolia - Blue Globe Daisy
Heuchera sanguinea - Coral Bells
Iberis sempervirens - Candytuft
Incarvillea Delavayi - Hardy Gloxinia
Ipomopsis rubra - Skyrocket
Laburnum anagyroides - Golden Chain
Lagurus ovatus - Hare's Tale Grass
Lathyrus latifolius - Perennial Pea
Lathyrus odoratus - Sweet Pea
Leontopodium - Edelweiss
Linaria maroccana - Toadflax
Matricaria recutia - Chamomile
Mentzelia Lindleyi - Blazing Star
Molucella laevis - Bells of Ireland
Nemophila Menziesii - Baby Blue Eyes
Papaver - Poppy
Penstemon - Beard Tongue, Husker Red
Phlox Drummondii - Annual Phlox
Picea Abies - Norway Spruce
Pittosporum Tovira - Japanese Pittosporum
Rhododendron - Azalea, Rhododendron
Rosa - Rose
Rosmarinus officinalis - Rosemary
Sagina subulata - Pearlwort
Thymus - Thyme, Mother of Thyme
Yucca filamentosa - Adam's Needle



Frø som har lang eller meget lang spiringstid

Angelica Archangelica - Angelica
Anthurium - Flamingo Flower
Asparagus - Asparagus Fern, Smilax
Chrysanthemum coccineum - Pyrethrum, Painted Daisy
Clivia - Kaffir Lily
Corynocarpus laevigata - New Zealand Laurel
Delphinium - Delphinium
Dimorphoteca sinuata - Cape Marigold
Franklinia Alatomaha - Franklin Tree
Geranium Sanguineum - Cranesbill
Gerbera - Transvaal Daisy
Ginkgo biloba - Maidenhair Tree
Kochia scoparia - Burning Bush

Lillium regale - Royal Lily
Livistona chinensis - Chinese Fan Palm
Magnolia grandiflora - Southern Magnolia
Monstera deliciosa - Swiss Cheese Plant, Cut Leaf Philodendron
Passiflora - Passion Flower, Purple Granadilla
Philodendron - Love Plant
Potentilla nepalensis - Cinquefoil
Salvia splendens - Scarlet Sage
Sophora japonica 'Pendula' - Japanese Pagoda Tree
Strelitzia reginae - Bird of Paradise



Hårdføre etårige (frø som kan sås tidligt forår og som ikke tager skade af en smule frost)

Agrostis nebulosa - Cloud Grass
Allium Ampeloprasum - Leek
Allium Cepa - Onion
Anethum graveolens - Dill
Anthriscus Cerefolium - Chervil
Arctotis - African Daisy
Beta vulgaris - Beet, Swiss Chard
Borago officinalis - Borage (mine reseed!)
Briza maxima - Quaking Grass
Brassica - Broccoli, Brussels Sprouts, Cabbage, Cauliflower, Chinese Cabbage, Collards, Kale, kohlrabi, Mustard, Turnip
Centaurea Cyanus - Bachelor Buttons, Cornflower
Chenopodium Botrys - Ambrosia, Feather Geranium
Consolida Ambigua - Larkspur
Coriandrum sativum - Coriander
Cynoglossum amabile - Chinese forget-me-not
Daucus Carota - Carrot
Echium - Bugloss
Eruca vesicaria - Rocket
Eschscholzia californica - California Poppy
Felichia - Blue Daisy, Blue Marguerite
Gypsophila - Baby's Breath
Helipterum roseum - Everlasting
Lactuca sativa - lettuce
Lepidium sativum - Garden Cress
Lobularia maritima - Sweet Alyssum
Macaerantha tanacetifolia - TaHoka Daisy
Matricaria recutita - Chamomile
Mentzelia Lindleyi - Blazing Star
Molucella laevis - Bells-of-Ireland
Nemophila Menziesii - Baby Blue Eyes (mine reseed!!)
Nigella damascena - Love-in-a-mist (3rd year of not growing!!)

Origanum Majorana - Marjoram
Pastinaca sativa - Parsnips
Phlox Drummondi - Annual Phlox
Pisum sativum - Pea
Raphanus sativus - Radish
Reseda odorata- Mignonette
Spinacia oleracea - Spinach
Xanthisma texanum - Star of Texas



***Frøplanter som ikke tåler prikling (Så frø på voksestedet
eller i potter/jiffy som kan plantes ud uden at beskadige
rødderne)***

Anethum graveolens - Dill
Anthiscus Cerefolium - Chervil
Borage officinalis - Borage
Carum Cervi - Caraway
Coriandrum sativum - Coriander
Cucumis Melo - Melons
Cucumis sativus - Cucumbers
Eschscholtzia californica - California Poppy
Foeniculum - Fennel
Ipomoea - Cardinal climber, cypress vine
Ipomopsis rubra - Skyrocket, Standing Cypress
Lavetera - Tree Mallow
Linum - Flax
Lupinus - Lupines
Papaver - Poppy
Perilla frutescens - Beefsteak Plant
Petroselinum crispum - Parsley
Phlox Drummondi - Annual Phlox
Pimpinella Anisum - Anise
Reseda odorata - Mignonette
Sanvitalia procumbens - creeping Zinnia
Sesamum indicum - Sesame
Trachymene coerulea - Blue Lace Flower
Tropaeolum majus - nasturtium
Verbesina encelioides - Butter Daisy
Xeranthemum annuum - Immortelle
Zea Mays - Corn

